

MN LEVEL 7-10 STATE MEET

Hosted by FLIPS GYMNASTICS

APRIL 4-5 2009



- LOCATION:** Mounds Park Academy School
2051 Larpenteur Avenue East
St Paul, MN 55109
- SANCTIONED BY:** USA Gymnastics
- ELIGIBILITY:** Gymnasts and coaches must be registered members of USA Gymnastics.
Qualifying scores: Level 7: 35.0 AA
Level 8: 33.5 AA
Level 9-10: 32.00 AA
Must have scored in at least one sanctioned meet this season.
Send your qualifying scores to Sami Wozney before the state meet.
- AGES & AWARDS:** Determined by the MN state board based on number of qualifying gymnasts.
- FLIPS GYM INFO:** 651-777-4776 FAX: 651-777-9644 www.flipsgym.com
- MEET DIRECTOR:** BART ROSKOSKI bart@flipsgym.com
- ENTRY FEES:** **GYMNAST: \$70.00 each TEAM \$40.00 per level**
Make check payable to Flips Gymnastics
FAX to: 651-777-9644
EMAIL: bart@flipsgym.com
Mail to: Flips Gymnastics
3505 Commerce Blvd
White Bear Lake, MN 55110
Refunds will be given due to injury only through March 16.
- ENTRY DEADLINE:** MONDAY, March 16, 2009
** Please call/email/fax any late additions from the Rising Stars Meet*
- REGIONALS:** All information for regionals is at www.region4championships.wordpress.com
Be prepared to register & pay for Regionals at the state meet.
- SCHEDULE:** Times will be posted on www.mnusag.com as soon as they are available.
Click on 2009 Optional State Meet link.
- ADMISSION FEES:** ADULTS: \$7.00 12 & UNDER: \$5.00 PROGRAMS: \$5.00
- EQUIPMENT:** VAULT: AAI ELITE TABLE LTZ, AAI LTZ
BARS: AAI ELITE
BEAM: AAI ELITE ADJUSTABLE
FLOOR: AAI STRATUM SPRING FLOOR