

# FL!PS



## FLIPS TEAM INFO

FLIPS level 5 and 6 girls recently attended the state meet at Hamline University. Over 350 girls from across the state participated. The FLIPS girls all did a fantastic job! The following are the top results that the FLIPS girls turned in: Our Level 5's placed 19th as a team. All around scores are Alex Holmberg 34.675, Anna Lanz 34.325, Lindsey Hall 33.475, Kylie Krawczyk 33.2, Rebecca Fields 32.575, Nicole Johnson 32.5, Lauren Thole 32.4, Alexis Hennen 32.3, Morgan Shanley 31.825. Our level 6 Jayne Gruenhagen placed

5th all around with a score of 35.2. She also place 3rd on vault 9.175, 5th on beam 8.875, 4th on floor 9.15. Congratulations girls on a great meet!

The optional levels 7-10 began their season December 31st with an inter-squad meet at FLIPS.

Their next scheduled meet is Jan. 9th and 10th at the University of Mn. sports pavilion.

Good luck girls have a great season!!

## MLK CAMP

FLIPS will be hosting a day camp on Martin Luther King Day Monday January 18th, 2010 from 8:30-4:00. This camp is for children ages kindergarten and up. The camp includes a movie, morning and afternoon snack, craft, and of course lots of gymnastics. This is a perfect solution to your day care dilemma! Cost for the camp is \$30.00 for members and \$40.00 for non-members. You must pre-register and pay for the camp. Space is limited so sign up at the front office today!

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Editor: Ann Stedman

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FLIPS is open for regular classes on Martin Luther King Day January 18th, Presidents Day February 15th and for all school's Spring Breaks in March/April. If you are going to be missing a class you may schedule 1 make-up per quarter. Stop at the front desk to schedule.



## FLIPS PAYMENT POLICY

Tuition payments for all classes are due the 15th of the preceding month that your child is in class. FLIPS does not send out a tuition bill. For example, tuition for February is due January 15th. Quarterly

payments are due on the 15th of the month preceding the beginning of a new quarter. Quarters begin in September, December, and March. A \$10.00 late fee will be added to past due accounts. Payments are

based on a 3, 4, or 5 week month.



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## Parking Lot Safety

Please remember to drive slowly in the parking lot! It is very difficult to see small children now that it is dark out so early. In addition please do not park in the parking lot to the north of FLIPS. This is not our parking lot and the businesses next door need dock access. Do not park in the handicap spots in the FLIPS parking lot unless you have a handicap tag. Please do not block the driveway if you are picking up or dropping off your children. We ask that you park your vehicle and bring your children with you when entering or exiting the building. Thank you for your help in protecting all of our children.

## Parent Info

There is no parents night scheduled for January. The next parents night is scheduled for February 12th. Photo week at FLIPS will be January 25th through 30th. Info will be handed out to classes soon. Order forms will be available that week and a sample order form will be handed out ahead of time. We received over 150 items for the White Bear Food Shelf from our preschool party in November-THANKYOU! A special thank you to all of our customers for choosing FLIPS! We hope you enjoyed the cookies and gifts in December! HAPPY NEW YEAR!!!

## Discontinuing Class

When you register for class you are registered for the entire school year September through May. We will hold your child's spot in class unless you notify the front office staff (not the coach) two weeks prior to the beginning of the month that you wish to drop. As explained on the registration form that you sign when you register, class fees that accrue because of failure to notify us that you are dropping will be your responsibility. Of course FLIPS hopes that we can resolve any issue that may arise, so that you can remain at FLIPS and participate in the big Spring Fling Show on May 22nd!

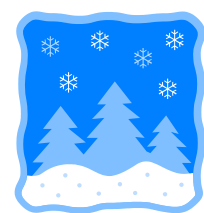
## Open Gym

Open gym times are Saturday 12:30-2:00 for pre-school through high school age. Cost for members is \$6.00 and non-members cost is \$8.00 On Saturday pre-schoolers and their parents must remain in the pre-school gym during open gym. In addition we have pre-school only open gym on Fridays from 10:30-11:30. Cost for members is \$5.00. Friday pre-school open gym is on the main floor. All open gym participants must have a signed waiver on file in order to participate.



## Weather Closures

FLIPS will announce all weather related closings on WCCO radio. We are always thinking of the children and their families when making the decision on whether to close or not. If we are in doubt we will error on the side of caution and close.



## Birthday Parties at FLIPS

Birthday parties at FLIPS are more fun than parties anywhere else! Why? Well, first of all the children get to do structured activities in the gym for 1 hour with a very fun birthday party coach. Those activities will include an obstacle course, trampoline, relay races, and of course every party includes our inflatable bouncer!

The second hour of the party is in

the party room, where you can open gifts, have your cake, play games, it's all up to you! The best part is that you don't have to clean up! Leave the mess behind and we will take care of it!

All FLIPS birthday parties include our inflatable bouncer, invitations and a birthday gift for the birthday child!

Birthday parties are held on Sunday's during the school year.

Don't delay and stop at the front office today to register for the best birthday party ever!

